



Fundraising Fact Sheet

Fit-for-Me Foundation, together with major philanthropic institutions and corporations, brings physical fitness & wellness resources and programs (including mentorship, internships, scholarships and volunteer speakers), to address the underlining issues of the obesity epidemic affecting the young people of the Greater Dallas metro-community..

Fundraising Efforts

There are many ways that individuals and/or corporations may monetarily contribute to the solution to our youth's obesity and help expand the Fit-for-Me Foundation's resources:

Sponsorship of a student (degree or certification program) through a scholarship and internship program

Underwriting for promotional and marketing materials (brochures, ads, marketing dvd etc.)

Partnership for community fundraising event (underwriting, in-kind donations/auction item, etc.)

Underwriting for marketing of programs

Underwriting to design, produce, market and distribute promotional items

Purchasing promotional items

Underwriting for administrative costs (rental and storage)

Underwriting for fitness equipment and supplies

Fit-for-Me is a 501(c)(3) nonprofit organization and donations are tax-deductible to the extent allowed by Federal law.

History and Mission

Fit-for-Me Foundation was created in March of 2006 by Don-Miguel, a nationally recognized fitness & wellness professional with over 16 years experience. The foundation's mission is to advocate and advance fitness & wellness programs and services directed to better the lives of young people (K-College).

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